



Chefs Pantry – New Range of Vegan & Plant Based products. If you're looking for vegan product's ... just ask.

Plant based Burger 24 x 120gm

Vegan - Pea protein base (not soy) cooked frozen



Plant based Schnitzel 24 x 200gm

Vegetables & rice flour base (cooked / pre- fried) frozen



Gluten Free, Meat Free, Egg Free, Dairy Free, Soy Free – Vegan

434428 Vegie Burger premium	64x 100g	box
432425 Vegie Burger premium	24x 100g	box
434126 Beetroot & Quinoa Burger	24x 100g	box
435322 Smokey Kale & Quinoa Burger	24x 100g	box
436425 Protein Plus Veg & Lentil	24x 100g	box
434615 Premium Vegie Schnitzel	24x 200gm	box
VEGAI Vegan Aioli	1kg	
Vegan Mayonnaise	1kg	
Woods Vegan Mayonnaise	2.2kg	



VEGAN EGG REPLACER

7288-6 Vegan Egg Replacer with Organic Chia 180g	DF.GF.SF.V	6 X 180gs
6748-8 Vegan Easy Egg 250g	DF.EF.GF.NF.V	8 X 250g



DIPS GOURMET – SALAD WORLD – Premium Dips

Humus Dip	GF, VEGAN	2 kg	pail
Tahina Spread	GF, VEGAN	2 kg	pail
Beetroot Dip	GF, VEGAN	2 kg	pail
Thai Carrot Dip	GF, VEGAN	2 kg	pail



KIMCHI

Korean Kimchi	GF, V	1.2 kg
Korean Kimchi	GF, V	5 kg



Mash / Puree Vegetables (steamed) Gluten Free

Mash Potato (restaurant quality) GF	2 kilo
Pumpkin Mashed / Puree GF	2 kilo
Butternut Mash / Puree GF	2 kilo
Carrot Mashed / Puree GF	2 kilo
Sweet Potato mash GF	2 kilo



Roasted Potatoes

Italian Roasted Baby Potatoes, rosemary & garlic	2.5 kilo
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VEGAN & VEGETARIAN WET DISH RANGE GF, V – 2 days' notice

Chick Pea Masala	5 x 2 kg	kg
Eggplant & Sweet Potato Masala	5 x 2 kg	kg
Cauliflower Potato & Pea Masala	5 x 2 kg	kg
Thai Yellow Lentil Dahl	5 x 2 kg	kg
Thai Yellow Vegetable Curry	5 x 2 kg	kg
Thai Red Pumpkin Curry	5 x 2 kg	kg
Moroccan Chickpea & Vegetable Tagine	5 x 2 kg	kg
Goa Dhal Masala	5 x 2 kg	kg
Eggplant & Vegetable Madras	5 x 2 kg	kg
Nepalese Vegetable Curry	5 x 2 kg	kg



FALAFEL BALLS hand rolled round

Falafel balls Flat	GF, V	5 kg	kg
	GF, V	12 kg	kg



FINGERFOODS - GLUTEN FREE - BITE ME – FULLY COOKED– 2 days' notice

BM Falafel Flat Cylinder GF	25gx200pc	5.0kg	200 pce
BM Mini Veggie Patties GF		5.0kg	200 pce
BM Spicy Quinoa Falafels	25gx9pc Min. 10 pks	2.25kg	90 pce
BM Wild Rice Falafels GF	25gx9pc Min. 10 pks	2.25kg	90 pce
BM Green Lentil Veggie Patties GF	25gx9pc Min. 10 pks	2.25kg	90 pce
BM Veggie Hash Brown GF	25gx9pce Min. 10pks	2.25kg	90 pce
BM Falafel Round GF	40gx125pc	5.0 kg	125 pce



NEW VEGAN PIE - IVANS

NEW Mediterranean Vegetable Pie now available	6 x 200gm Pie
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Tofutti DAIRY FREE- Cheese – USA – 2 days notice

Tofutti BTCC Plain	DF Vegan	12x227gm
Tofutti BTCC Herb & Chive	DF Vegan	12x227gm
Tofutti BTCC Plain	DF Vegan	13.6kg
Tofutti Sour Supreme	DF Vegan	13.6kg
Tofutti Sour Supreme Plain	DF Vegan	12x340gm
Tofutti Ricotta	DF Vegan	12x453g
Mozzarella Soy Cheese Slices	DF Vegan	12 X227 g
American Soy Cheese Slices	DF Vegan	12 X 227 g



VEGAN CHEESE DAIRY FREE – QLD – 2 days' notice

DFDU Mozzarella Shreds (Melts)	8x200G	Vegan	1
DFDU Cheddar Shreds	8x200g	Vegan	1
DFDU Mozzarella Shreds (Melts)	8x1Kg	Vegan	1
DFDU Cheddar Shreds	8x1Kg	Vegan	1
DFDU DF Cheddar Block	10x200g	Vegan	1
DFDU DF Cashew Cream Cheese	12x150g Tub	Vegan	1
DFDU DF Cashew Parmesan	12x70g	Vegan	1
DFDU Cashew Cream Cheese & Crackers	10x20g	Vegan	1
DFDU Cheddar Style Cheese & Crackers	10x20g	Vegan	1
DFDU Cheddar Bulk Slices	2kg	Vegan	1
DFDU Mozzarella Bulk Slices	2kg	Vegan	1
DFDU Mozzarella Slices	10x200g	Vegan	1
DFDU Cheddar Slices	10x200g	Vegan	1
DFDU Mayonnaise Style	6x300g	Vegan	1
DFDU Aioli Style	6x300g	Vegan	1



SHELF STABLE COOKED LEGUMES 1 year shelf life (sold by the ctn)

FSC-CPS	Cooked Chickpeas	10 x 1.5kg SST
FSC-GRL	Cooked Green French Lentils	10 x 1.5kg SST
FSC-REQ	Cooked Red Quinoa	10 x 1.5kg SST
FSC-RKB	Cooked Red Kidney Beans	10 x 1.5kg SST
FSC-BRR	Cooked Brown Rice	10 x 1kg SST



PREMIUM SALAD LIST

All salads are vac packed for freshness and shelf life Products marked with a (gf) are gluten free (V) Vegan (h) heatable.



Dry Coleslaw – GF, V Green Cabbage, Carrot, Celery, Parsley	2.5 kg
Asian Coleslaw – GF, H, V Green Cabbage, Red Cabbage, Carrot, Celery, Parsley	2.5 kg
Broccoli Slaw (Dry) – GF, H, V Broccoli stems, Beetroot, Carrot, Daikon Radish	2.5 kg
Fennel Slaw (Dry)– GF, V Fennel, Green Cabbage, Red Cabbage, Carrot, Spring Onion	2.5 kg
Kale Slaw (Dry) – GF, H, V Green Cabbage, Red Cabbage, Kale, Carrot, Fennel	2.5 kg
Rice Salad (H) – GF, V Rice, Carrot, Mixed Capsicum, Peas, Corn, Pineapple, Sultanas, S&P	2.5 kg
Spicy Rice Salad – Oriental (H), V Rice, Carrot, Peas, Corn, Mixed Capsicum, Pineapple, Sultanas, Satay Sauce, Curry Powder, S&P	2.5 kg
Italian Tri Color Pasta Salad - V Vegetarian Spiral Pasta, Four Bean Mix, Mixed Capsicum, Black Olives, Italian Dressing, S&P	2.5 kg
Mediterranean Pasta Salad (H), V Penne Pasta, Tomato Relish, Mixed Capsicum, Carrot, S&P	2.5 kg
Tabouli Salad - V Cracked Wheat, Parsley, Onion, Tomato, Crushed Garlic, Mint Sauce, Italian Dressing, S&P	2.5 kg
Kale Tabouli Salad - V Kale, Cracked Wheat, Tomato, Onion, Red Capsicum, Mint Sauce, Oil, Vinegar, Lemon Juice, Garlic	2.5 kg
Lentil, Chickpea & Freekah Tabouli Salad - H, V Green Lentils, Chickpeas, Freehak, Tomato, Parsley, Mint Sauce, Italian Dressing, Lemon Juice, S&P	2.5 kg
Israeli Salad, GF, V Mixed capsicum, Spanish Onion, Cucumber, Tomato	2.5 kg
Chick Pea Salad (H)- GF, V Cooked Chickpeas, Mixed Capsicum, Spanish Onion, Crushed Ginger, S&P	2.5 kg
Pumpkin Cous Cous Salad - (H), V Pumpkin, Cous Cous, Coriander, Parsley, Mint Sauce, Lemon Juice, Canola Oil, S&P	2.5 kg
Moroccan Couscous - V Cous Cous, Sweet potato, Spanish Onion, Parsley, Mint Sauce, Crushed Garlic, Lemon Juice, Canola Oil, S&P	2.5 kg
Carrot & Pineapple – GF, V Carrot, Pineapple Pieces, Mixed Capsicum, Sultanas, Pineapple Juice	2.5 kg
Mixed Bean & Onion – GF, V Four Bean Mix, Green Beans, Spanish Onion, Italian Dressing, S&P	2.5 kg
Garden Salad – GF, V Lettuce, Cucumber, Tomato, Carrot, Spanish Onion, French Dressing	2.5 kg



Char Grilled Vegetable Salad - (H) GF, V Zucchini, Eggplant, Mixed Capsicum, Oil	2.5 kg
Roasted Vegetable Salad - (H) GF, V Sweet Potato, Carrot, Parsnip, Potato, Pumpkin	2.5 kg
Roasted Root Vegetable Salad - (H) GF, V Sweet Potato, Carrot, Parsnip, Potato, Swede	2.5 kg
Roast Mediterranean Vegetable - (H), GF, V Eggplant, Zucchini, Sweet Potato, Carrot, Pumpkin, Mixed Capsicum	2.5 kg
Italian Quartered & Roasted Potatoes- (H), GF, V Potato, Dried Mixed Herbs, Dried Rosemary, Garlic, Oil	2.5 kg
Fruit Salad – GF, V Cantaloupe, Red Grapes, Honeydew, Pineapple, Orange, Apple, Lemon Juice	2.5 kg
BULK FRUIT SALAD – 10 Kilo Pails – GF, V	10 kg



GOURMET FRESH SALADS

All salads are vac packed for freshness & shelf life. Products marked (gf) gluten free (v) Vegan (h) heatable

Fattoush Salad GF, V Cherry tomato, Cucumber, Red Capsicum, Red Onion, Daikon Radish, Parsley, Lemon Juice, Sumac powder	2.5 kg
Black Quinoa w Sweet Potato – GF – H, V Black quinoa, Sweet potato, Mixed capsicum, Chia seeds, Lime juice, S&P	2.5 kg
Balsamic Roast Vegetables & Quinoa, GF, V Roasted Cauliflower, Potato, Carrot, Sweet Potato, Spanish Onion, Quinoa, Mixed Dried, Herbs, Balsamic Vinegar, S&P	2.5 kg
Lentils and Pumpkin – GF, H, V Green Lentils, Pumpkin, Parsley, Balsamic vinegar, S&P	2.5 kg
Pumpkin and Chickpeas, GF, H, V Pumpkin, Chickpeas, Mixed Capsicum, Sesame Seeds, Sesame Oil, S&P	2.5 kg
Spicy Quinoa, Carrot & Chickpea, H, V Red & Black quinoa, Carrot, Chickpeas, Mint suce, Crushed garlic, Lemon juice, Canola oil	2.5 kg
Kale & Quinoa, GF, H, V Kale, Mixed quinoa, Mixed capsicum, Carrot, Sesame seeds, Tahini paste, S&P	2.5 kg
Beetroot, Carrot & Kale, GF, H, V Beetroot julienne, Carrot julienne, Kale, Cranberries, Coriander, Lime juice	2.5 kg
Sweet Chilli Noodle, H, V Hokkien noodles, Red capsicum, Parsley, Sesame seeds, Sweet chilli sauce, S&P	2.5 kg
Health Kick Rice, GF, H, V Brown rice, Quinoa, Mixed capsicum, Coconut, Almonds, Chia seeds, Lime juice, S&P	2.5 kg
Pumpkin, Brown Rice & Seeds, GF, H, V Roasted pumpkin, Brown Rice, Mixed Quinoa, Sesame Seeds, Lime Juice	2.5 kg
Lebanese Lentil Salad, GF, V Green lentils, Chickpeas, Mixed capsicum, Parsley, Lemon juice, S&P	2.5kg



Moroccan Quinoa Salad, GF, V 2.5 kg
Mixed quinoa, Mixed capsicum, Raisins, Pinenuts, Lemon juice, Tahini paste, S&P

Mushroom Quinoa Salad, V 2.5 kg
Mixed quinoa, Mushroom, Red capsicum, Spanish onion, Slivered almonds, Semi dried tomatoes, Soy sauce, Italian dressing, S&P

Pumpkin and Green Bean Salad, GF, V 2.5kg
Pumpkin, Green beans, Spanish onion, Semi dried tomatoes, Crushed garlic, S&P

Cauliflower Rice GF, V, H 2.5 kg
Broccoli Rice GF, V, H 2.5 kg

Bruschetta Mix 10mm / 20mm dice GF, V 2 kg
Tomato, Spanish Onion, Onion, Basil

Salsa / Pico De Galo 10mm dice GF, V 2 kg
Tomato, Spanish Onion, Corn, Coriander, Lime Juice, S&P



SAUCE PRODUCTS - VEGAN

FSLIL30-2	Lillie's Q FS Hot Smoky -	3.8L
FSLIL31	Lillie's Q FS Smoky -	3.8L
FSLIL32	Lillie's Q FS Carolina -	3.8L
FSLIL34	Lillie's Q FS Gold -	3.8L



OBSCENELY GOOD

Following its USA origins and traditional recipes, McClure's are now produced in Australia Grown in the fertile Central West of NSW, McClure's product range is produced in to the highest standards.

MAU041	McClure's Garlic & Dill Whole Pickles - 20kg
MAU042	McClure's Sweet & Spicy Crinkle Cut Pickles - 20kg

MAU030	McClure's Pickled Jalapeño Slices in Sweet Brine - 10kg
MAU031	McClure's Crinkle Cut Beetroot - 10kg



SLENDIER A healthy Konjac pasta range

BEAN PASTA RANGE – sold by the outer box

SN11-6	Black Bean Fettucine Pasta 200g	GF.O.V	200g	6 units
SN08-6	Black Bean Spaghetti Pasta 200g	GF.O.V	200g	6 units
SN12-6	Edamame Bean Fettucine Pasta 200g	GF.O.V	200g	6 units
SN09-6	Edamame Bean Spaghetti Pasta 200g	GF.O.V	200g	6 units
SN10-6	Soy Bean Fettucine Pasta 200g	GF.O.V	200g	6 units
SN07-6	Soy Bean Spaghetti Pasta 200g	GF.O.V	200g	6 units



KONJAC PASTA RANGE – sold by the outer box

SN01-6	Angel Hair 400g	GF.V	400g	6 units
SN02-6	Fettucine 400g	GF.V	400g	6 units
SN03-6	Lasagne Sheets 400g	GF.V	400g	6 units
SN04-6	Noodle 400g	GF.V	400g	6 units
SN05-6	Rice 400g	GF.V	400g	6 units
SN06-6	Spaghetti 400g	GF.V	400g	6 units



PASTA SAUCE RANGE – sold by the outer box

SN14-6	Artichoke Italian Pasta Sauce 340g	GF.O.V	340g	6 units
SN16-6	Basil Italian Pasta Sauce 340g	GF.O.V	340g	6 units
SN15-6	Capers & Olives Italian Pasta Sauce 340g	GF.O.V	340g	6 units
SN18-6	Eggplant & Zucchini Ragu Style Sauce	GF.O.V	340g	6 units
SN13-6	Red Capsicum Italian Pasta Sauce 340g	GF.O.V	340g	6 units
SN17-6	Tomato, Vegetable, Chilli Italian Ragu Style Sauce	GF.O.V	340g	6 units



READY MEALS – sold by the outer box

SN21-6	Fettucine Ready Meal with Arrabbiata Sauce 310g	GF.V	310g	6 units
SN20-6	Fettucine Ready Meal with Italian Basil Sauce 310g	GF.V	310g	6 units
SN19-6	Fettucine Ready Meal with Italian Capers and Olive Sauce	GF.V	310g	6 units



YOODLES NOODLES – sold by the outer box

YN01B	Yoodles Brown Rice Chicken Cup 4x70g	GF.V	4x70g	1 box
YN02B	Yoodles Brown Rice Beef Cup 4x70g	GF.V	4x70g	1 box



MON SAUCES – sold by the outer box

MS03B	Mon BBQ Sauce 8x500ml	GF.V	8x500ml
MS01B	Mon Tomato Sauce 12x600ml	GF.V	12x600ml
MS02B	Mon Worcester Style Steak Sauce	GF.V	12x250ml



TENDER JACK - Jackfruit Meals – sold by the outer box

1368-12	Tender Jack Curry 300g	GF.V	300g	12 units
1365-12	Tender Jack Original 300g	GF.V	300g	12 units
1366-12	Tender Jack Smokey BBQ 300g	GF.V	300g	12 units
1367-12	Tender Jack Teriyaki 300g	GF.V	300g	12 units



MAMAJI's - gluten free simmer sauces – sold by the outer box

MJ02-6	Kashmiri Masala Sauce 375g	GF.V	375g	6 units
MJ03-6	Korma Simmer Sauce 375g	GF.V	375g	6 units
MJ04-6	Mango Exotic Sauce 375g	GF.V	375g	6 units
MJ05-6	Paprikaan Spinach Sauce 375g	GF.V	375g	6 units
MJ07-6	Rogan Josh Sauce 375g	GF.V	375g	6 units
MJ08-6	Tandoori Paste 280g	GF.V	280g	6 units
MJ09-6	Vegan Budda Kicken 375g	GF.V	375g	6 units
MJ10-6	Vindaloo 375g NEW	GF.V	375g	6 units

EATS – PC Meals – sold by the outer box

FF27-18	Mexican Quinoa Salad 60g	DF.GF.V	60g	18 units
FF28-18	Vegetable & Lentil 60g	DF.GF.V	60g	18 units
FF29-18	Mediterranean Quinoa 60g	DF.GF.V	60g	18 units



ORGRAN

BEANIES – sold by the outer box

6728-7	Beanies - Chipotle & Salsa Fava Bean Snacks	DF.GF.K.V		7 x 80g
6730-7	Beanies - Lime & Chilli Fava Bean Snacks	DF.GF.K.V		7 x 80g
6729-7	Beanies - Sweet & Salty Fava Bean Snacks	DF.GF.K.V		7 x 80g



MARIGOLD HEALTH – – sold by the outer box

Boullion Cubes & Powder plus Braised Tofu, Pomegranate Molasses and Savoury Yeast

CUBES – sold by the outer box

MA07-12	Swiss Vegetable Boullion Cubes (Red Packet)	DF.GF.NF.O.V	12x84g
MA11-12	Swiss Vegetable Boullion Cubes Less Salt (Purple Packet) 72g	DF.GF.NF.O.V	12x72g
MA01-12	Swiss Vegetable Boullion Cubes Yeast Free (Green Packet) 84g	DF.GF.NF.O.V.YF	12x84g



BOUILLON POWDER – sold by the outer box

MA02-6	Swiss Vegetable Bouillon Powder Organic (Red Tub) 150g	DF.GF.NF.O.V	6x150g
MA06-6	Swiss Vegetable Bouillon Powder Organic (Red Tub) 500g	DF.GF.NF.O.V	6x500g
MA04-12	Swiss Vegetable Bouillon Powder Less Salt (Purple Tub) 150g	DF.GF.NF.V.YF	12x150g
MA15-6	Swiss Vegetable Bouillon Powder Less Salt (Purple Tub) 500g	GF.NF.V.YF	6x500g
MA10-6	Swiss Vegetable Bouillon Powder Less Salt Organic (Brown Tub) 140g	DF.GF.NF.V	6x140g



OTHER PRODUCTS – sold by the outer box

MA05-6	Organic Vegetarian Gravy 110g	DF.GF.NF.O.V	6x110g
MA08-6	Engevita Nutritional Savoury Yeast Flakes Less Salt (Brown Tub) 125g	DF.GF.NF.V	6x125g
MA13-6	Engevita Yeast B12+Zinc Less Salt (Blue tub)	125g DF.GF.NF.V	6x125g
MA14-12	Soybean Braised Tofu 225g	DF.GF.NF.V	12x225g
MA16-6	Pomegranate Molasses 250ml	DF.GF.NF.V.YF	6x250ml



ORGRAN VEGAN WAFERS – sold by the outer box

6732-10	Beetroot Wafers 100g	DF.GF.V	10x100g
6731-10	Beetroot & Turmeric Wafers 100g	DF.GF.V	10x100g

ORGANIC FLATS – sold by the outer box

FF11-6	Organic Baked Broccoli Baked Flats	DF.GF.O.V	6x80g
FF12-6	Organic Baked Beetroot Baked Flats	DF.GF.O.V	6x80g
FF13-6	Organic Baked Carrot Baked Flats	DF.GF.O.V	6x80g



ORIGINAL BAKED FLATS – sold by the outer box

FF34-6	Baked Mixed Greens with Lemon Zest	DF.GF.V	6x80g
FF35-6	Baked Root Vegetables with Caraway	DF.GF.V	6x80g
FF36-6	Baked Asian Vegetables 80g	DF.GF.V	6x80g



ORIGINAL FLATS – sold by the outer box

FF01-6	Beetroot and Hazelnut Flats 80g	DF.GF.V	6x80g
FF02-6	Carrot and Pepita Flats 80g	DF.GF.V	6x80g
FF37-6	Cauliflower and Turmeric 80g	DF.GF.V	6x80g
FF03-6	Onion and Sunflower Flats 80g	DF.GF.V	6x80g
FF04-6	Spicy Capsicum Flats 80g	DF.GF.V	6x80g
FF06-6	Sweet Corn and Paprika Flats 80g	DF.GF.V	6x80g
FF05-6	Tomato and Basil Flats 80g	DF.GF.V	6x80g
FF07-6	Zucchini and Almond Flats 80g	DF.GF.V	6x80g

MAYVERS Tahini, Seed Spreads, Tree Nut Spreads, Peanut Spreads

ALMOND SPREADS – sold by the outer box

4025B	Almond Spread	DF.GF.K.V	6x240g
4026B	Almond, Brazil & Cashew Spread	DF.GF.K.V	6x240g
4027B	Almond & Chia Spread	DF.GF.K.V	6x240g
4028B	Almond, Coconut & Cacao Spread	DF.GF.K.V	4x240g
4031B	Dark Roasted Peanut Butter Crunchy	DF.GF.K	6x375g
4038B	Peanut Butter Unsalted Smunchy	DF.GF.V	6x375g
4039B	Peanut Butter Portion Cup Crunchy	DF.GF.V	6x240g
4040B	Peanut Butter Portion Cups Dark Roasted Crunchy	DF.GF.V	6x240g



FORAGE VEGAN – sold by the outer box

1002-4	Bircher 400g	GF.FF.K.V	4x400g
1001-6	Bircher 1kg	GF.FF.K.V	6x1kg
1000-4	Muesli 350g	GF.FF.K.V	4x350g
1008-6	Muesli Value Pack 800g	GF.FF.K.V	6x800g
1003-4	Paleo 400g	GF.FF.K.V	4x400g
1004-6	Paleo 1kg	GF.FF.K.V	6x1kg
1011-4	Porridge 350g	GF.FF.K.V	4x350g
1010-6	Porridge 800g	GF.FF.K.V	6x800g



KAPAI PUKU BREAKFAST CEREAL – sold by the outer box.

1042-4	Gut Health 450g	DF.GF.NF.V	4x450g
1043-17	Gut Health 1kg	DF.GF.NF.V	6x1kg
1044-4	Hair Health 450g	DF.GF.NF.V	4x450g
1045-17	Hair Health 1kg	DF.GF.NF.V	6x1kg
1040-4	Liver Health 450g	DF.GF.NF.V	4x450g
1041-17	Liver Health 1kg	DF.GF.NF.V	6x1kg
1046-4	Skin Health 450g	DF.GF.NF.V	4x450g
1047-17	Skin Health 1kg	DF.GF.NF.V	6x1kg



WALTANNA GOLD Australian grown flaxseed oil & other flaxseed products**FLAXSEED DRESSINGS – sold by the outer box**

8240-12	Honey Breakfast Dressing 250ml	DF.GF.NF.O.SF.V	12x250ml
8241-12	Honey Breakfast Dressing 500ml	DF.GF.NF.O.SF.V	12x500ml

FLAXSEED FLOUR – sold by the outer box

8244-12	Golden Organic Flaxseed Flour 500g	DF.GF.NF.O.SF.V	12x500g
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FLAXSEED OIL – sold by the outer box

8245-12	Golden Organic Flaxseed Original 250ml	DF.GF.NF.O.SF.V	12x250ml
8246-12	Golden Organic Flaxseed Original 500ml	DF.GF.NF.O.SF.V	12x500ml

FLAXSEED SEED– sold by the outer box

8247-12	Golden Organic Rolled Flaxseed 400g	DF.GF.NF.O.SF.V	12x400g
8248-12	Golden Organic Flaxseed Meal 500g	DF.GF.NF.O.SF.V	12x500g

WELL & GOOD Gluten Free Baking Range**BREAD MIX – sold by the outer box**

WG15-5	Crusty Bread Mix + Yeast 410g	DF.GF.K.NF.SF.V	5x410g
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CAKE MIXES – sold by the outer box

WG02-5	All Purpose Cake Mix (Reduced Sugar)	DF.GF.K.NF.SF.V	5x400g
WG35-5	Choc Banana Swirl Bread Mix (Reduced Sugar) 375g	DF.GF.K.NF.SF.V	5x375g
WG01-5	Choc Mud Cake Mix + Choc Frosting 475g	DF.GF.K.NF.SF.V	5x475g
WG05-5	Vanilla Cup Cake Mix + Frosting & coloured sprinkles 510g	DF.GF.K.NF.SF.V	5x510g
WG06-5	Marble Cake Mix + Choc Frosting 460g	DF.GF.K.NF.SF.V	5x460g
WG03-5	Multi Purpose Muffin Mix	DF.GF.K.NF.SF.V	5x400g

FLOUR & PASTRY – sold by the outer box

WG21-5	Pastry Flour Blend 400g	DF.GF.K.NF.SF.V	5x400g
WG20-4	Plain Flour Blend 1kg	DF.GF.K.NF.SF.V	4x1kg
WG22-4	Self Raising Flour Blend 1kg	DF.GF.K.NF.SF.V	4x1kg
WG39-5	Wholesome Flour Blend 400g	DF.GF.K.NF.SF.V	5x400g

SUPERFOOD CAKE MIXES – sold by the outer box

WG12-5	Choc Mousse Cup Cake Mix + Mousse Topping 450g	DF.GF.K.NF.SF.V	5x450g
WG10-5	Lemon Coconut Cake Mix + Gojiberry Icing 475g	DF.GF.K.NF.SF.V	5x475g

VEGAN MAC & CHEESE – sold by the outer box

WG40-6	Vegan Cheesy Mac Traditional Cheddar 110g	NEW DF.GF.K.NF.SF.V	6x110g
WG41-6	Vegan Cheesy Mac Smokin' Bacon Flavor 110g	NEW DF.GF.K.NF.SF.V	6x110g
WG42-6	Vegan Cheesy Mac Wild About Mushroom 110g	NEW DF.GF.K.NF.SF.V	6x110g



YES YOU CAN - Gluten Free, Low Fat & Sugar, Plus Reduced Sodium Baking Range

ARTISAN CAKE MIXES

7270-6	Apple & Cinnamon Muffin 400g	DF.GF.K.NF.SF.V	6x400g
7272-6	Chocolate & Orange Zest Cake 450g	DF.GF.K.NF.SF.V	6x450g
7269-6	Raspberry & Coconut Bread 450g	DF.GF.K.NF.SF.V	6x450g

ARTISAN FLOURS

7274-6	Besan Flour 375g	DF.GF.K.NF.SF.V	6x375g
7277-6	Buckwheat Flour 375g	DF.GF.K.NF.SF.V	6x375g
7273-6	Sorghum Flour 375g	DF.GF.K.NF.SF.V	6x375g

BREAD & PIZZA MIXES

7294-6	Burger Mix 200g	DF.GF.NF.SF.V	6x200g
7293-6	Falafel & Buger Mix 400g	DF.EF.GF.NF	6x400g
7257-6	Multi Grain Bread Mix 400g	GF.K	6x400g
7259-6	Pizza & Foccacia Bread Mix 320g	GF.K	6x320g
7260-6	Savoury Cheese Snack 400g	GF.K	6x400g

CAKE MIXES

7258-6	Banana Bread Mix 450g	DF.GF.K.V	6x450g
7254-6	Choc Mud Cake Mix 550g	GF.K	6x550g
7267-6	Red Velvet Cupcake 450g	DF.GF.K.V	6x450g
7253-6	Vanilla Cup Cake Mix 470g	GF.K.V	6x470g

FLOURS

7261-6	Plain Flour 500g	DF.GF.K.V	6x500g
7262-6	Self Raising Flour 500g	DF.GF.K.V	6x500g

PANCAKE MIXES

7268-6	Ancient Grains Pancake Mix 280g	DF.GF.K.NF.SF.V	6x280g
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VEGE CHIPS

X01B	Broccoli Chips BBQ 10x60g	DF.GF.V	10x60g
X02B	Broccoli Chips Sea Salt 10x60g	DF.GF.V	10x60g
X03B	Broccoli Chips Spicy 10x60g	DF.GF.V	10x60g
X12B	Broccoli Chips Wasabi 10x60g	DF.GF.V	10x60g

VEGAN CAKES INDIVIDUAL - MOSAIC

Banana Cake Ind Baby GF & DF – 40g	15pcs	\$2.10 ea
Banana Cake Ind Medium GF & DF – 70g	6pcs	\$3.85 ea
Banana Cake Ind Large GF & DF – 120g	6pcs	\$4.70 ea

VEGAN & GLUTEN FREE FROZEN BULK BREAD PRODUCTS – WELL & GOOD (sold per ctn)

LLHAM	GF Hamburger Bun	100 gm	24 per ctn
LLBAG	GF Baguette Mini	100 gm	24 per ctn
LLSQCHIB	GF Square Ciabatta Roll	93gm	24 per ctn
LLDINR	GF Slider/Dinner Roll White	35gm	48 per ctn
LLSLBRES	GF Sliced Bread Loaf Small	300 gm	8 per ctn
LLSEELOA	GF Seeded Loaf Small	290 gm	8 per ctn
LLSLBRE	GF White Sliced Bread Large	750 gm	4 per ctn
LLSEELOAL	GF Seeded Loaf Sliced Large	740 gm	4 per ctn



PREMIUM BREAD RANGE (GST FREE)

BRW100	White Sandwich Loaf- Sliced	(df, ef, ff, v, yf)	900gm
BRS100	Seeded Sandwich Loaf- Sliced	(df, ef, ff, v, yf)	950gm
BRR100	Raisin Toast- Sliced	(df, ef, v, yf)	950gm
BRO100	Olive Bread - Vienna	(df, ef, ff, v, yf)	850gm
BRPL100	Pumpkin Loaf- Vienna	(df, ef, ff, v, yf)	each
BRHD100	Hotdog Roll	(df, ef, ff, v, yf)	4pack
BRRW100	Hamburger Rolls - White	(df, ef, ff, v, yf)	4 pack
BRRS100	Hamburger Rolls - Seeded	(df, ef, ff, v, yf)	4 pack
BRDRW100	Dinner Rolls - White	(df, ef, ff, v, yf)	6 pack
BRDRD100	Dinner Rolls - Seeded	(df, ef, ff, v, yf)	6 pack
BRB100	Bagels White	(df, ef, ff, v, yf)	each
BRBS100	Bagels Seeded	(df, ef, ff, v, yf)	each
BREM100	English Muffins	(df, ef, ff, v, yf)	each
BRBAG100	Baguette Plain	(df, ef, ff, v, yf)	each
BRBAGS100	Baguette Seeded	(df, ef, ff, v, yf,)	each
BRPB100	Pizza Base 11 inch	(df, ef, ff, v, yf)	1 Box(10)



CLASSIC BREAD RANGE SOY FREE (GST FREE)

BW101	White Sandwich Loaf	(df, ef, ff, sf, v)	1kg
BS100	Seeded Sandwich Loaf	(df, ef, ff, sf, v)	1kg
BRT100	Raisin Toast	(df, ef, sf, v)	1kg
BDC100	Dark Continental	(df, ef, ff, sf, yf, v)	1 kg
BSD100	Sourdough	(df, ef, ff, sf, v)	1kg
BOB100	Olive Loaf - Vienna	(df, ef, ff, sf, v)	1kg
BDR101	Dinner Rolls –White	(df, ef, ff, sf, v)	6 pack
BDR102	Hamburger Rolls	(df, ef, ff, sf, v)	each
BGB100	Garlic Bread	(df, ef, sf, v)	each
BHR100	Hot Dog Roll	(df, ef, ff, sf, v)	each
VL100	Vienna Loaf	(df, ef, ff, sf, v)	each
CB100	Ciabatta Bread	(df, ef, ff, sf, v)	each
CSB100	Cheese & Bacon Scrolls	(ef, ff, sf)	each
CSB107	Herb & Cheese Scrolls	(ef, ff, sf)	each
CSB105	Spinach & Feta Scrolls	(ef, ff, sf)	each
BFF100	French Stick	(df, ef, ff, sf, v)	each
PB100	Pizza Base 11 inch	(df, ef, ff, sf, v)	1 Box (15 ea)
BCR100	Pure Bread Crumbs	(df, ef, ff, sf, v)	500gm
WRP100	Wraps	(df, ef, ff, sf, v, yf)	5 pack
WRPZ101	Pita Bread	((df, ef, sy, v, yf, ff)	10 pack



PIES

MP10001	Curry Pie	(df, ef, v, yf, sf, ff)	each
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COOKIES & BISCUITS

CK100	Chocolate Chip Cookie	(df, yf, ef, ff, v)	70gm	single
CK101	Double Choc Chip Cookie	(df, yf, ef, ff, v)	70gm	single
CK102	Smartie Cookie	(df, yf, ef, ff, v)	70gm	single
CK103	Yoyo	(df, yf, ef, ff, sf, v)	70gm	single
CK104	Mini Choc Chip Cookies	(df, yf, ef, ff, sf, v)	pack	
CK107	Mini Yoyos	(df, yf, ef, ff, sf, v)	pack	
CK112	Mini Jaffa Yoyos	(df, ff, yf, ef, sf, v)	pack	
GBM100	Gingerbread man	(df, yf, ef, sf, ff, v)	each	



VEGAN COOKIES

FB22B	Buckinis Cranberry Vegan Cookie 12x90g	V	12x90g
FB23B	Chocolate Chip Vegan Cookie 12x90g	V	12x90g
FB24B	Peanut Butter Vegan Cookie 12x90g	V	12x90g
FB25B	Turmeric Latte Vegan Cookie 12x90g	V	12x90g

HOUSE OF BISKOTTA

Gluten Free Cookies

GLUTEN FREE RANGE

4541-12	Almond & Chocolate 200g	DF.EF.GF.V	12x200g
4547-12	Almond Crecents 200g	DF.EF.GF.V	12x200g
4544-12	Daisy Kisses 200g	DF.EF.GF.V	12x200g
4542-12	Lemon Cream Kisses 200g	DF.EF.GF.V	12x200g
4548-12	Melting Moments 200g	DF.EF.GF.V	12x200g
4546-12	Monte Cream 200g	DF.EF.GF.V	12x200g
4540-12	Passionfruit Kisses 200g	DF.EF.GF.V	12x200g
4543-12	Tiramisu Kisses 200g	DF.EF.GF.V	12x200g



TRADITIONAL RANGE

4500-12	Almond Crescent 200g **	V	12x200g
4506-12	Monte Cream 200g **	V	12x200g



SLICES

VS101	Vegan Vanilla Slice	(df, ef, ff, sf, v, yf)	each
SLI105	Peppermint Slice	(df, ef, ff, sf, v, yf)	each

PRE PORTIONED CAKES, DESSERTS & MORE

DNT100S	Donut- Cinnamon	(df, ef, ff, v, sf)	each
DNT100	Donut- Cinnamon	(df, ef, ff, v, sf)	8 pack
DNT10 1	Donut- Jam	(df, ef, v, sf, ff)	each
DNT104C	Donut – Iced (Chocolate)	(df, ff, sf, ef, v)	each
DNT104S	Donut – Iced (Strawberry)	(df, ff, sf, ef, v)	each
DNT104V	Donut – Iced (Vanilla)	(df, ff, sf, ef, v)	each

LOAF CAKE

LC100V1	Banana Bread	(df, ef, yf, ff, sf, v)	1kg
LC101V1	Carrot Loaf	(df, ef, yf, ff, sf, v)	1kg

RP309	Ready Bake vegan/gf puff pastry sheets (470x320mm) 14/ctn
BK190	BAKELS VEGAN CAKE MIX 15KG (15KG)
RD145	WELL & GOOD VEGAN WHIPPING CREAM POWDER CTN (4KG CTN)

FG ROBERTS - ARTISAN BREAD MIX

FG18-6	Artisan Buckwheat Bread Mix 700g	DF.GF.K.V	6x700g
FG19-6	Artisan Ginger & Turmeric Bread Mix 700g	DF.GF.K.V	6x700g
FG20-6	Artisan Hemp Bread Mix 700g	DF.GF.K.V	6x700g
FG21-6	Artisan Plain Bread Mix 700g	DF.GF.K.V	6x700g
FG22-6	Artisan Teff Bread Mix 700g	DF.GF.K.V	6x700g

BREAD MIX

FG01-5	Traditional Bread Mix 1kg	DF.GF.K.V	5x1kg
FG02-1	Traditional Bread Mix 5kg	DF.GF.K.V	1x5kg

FLOUR

FG04-5	Plain Flour 1kg	DF.GF.K.V	5x1kg
FG05-5	Self Raising Flour 1kg	DF.GF.K.V	5x1kg

OTHER

FG15-5	Pizza Base Mix 1kg	DF.GF.K.V	5x1kg
FG09-4	Soy Powdered Milk (Compound) 1kg	DF.GF.K.V	4x1kg

JOMEI'S FINE FOOD**NUTRITIONAL LATTES**

1262-6	Beetroot Cacao Latte 120g	DF.GF.V	6x120g
1260-6	Cacao Latte 120g	DF.GF.V	6x120g
1258-6	Matcha Latte 100g	DF.GF.V	6x100g
1261-6	Matcha Cacao Latte 100g	DF.GF.V	6x100g
1263-6	Minty Cacao Latte 120g	DF.GF.V	6x120g
1259-6	Spicy Ginger 120g	DF.GF.V	6x120g
1257-6	Turmeric Latte 120g	DF.GF.V	6x120g

SWEET BALSAMIC REDUCTION

1250-12	Original Sweet Balsamic Reduction	GF.GF.NF.V	12x250ml
1251-12	Original Sweet Balsamic Reduction	DF.GF.NF.V	12x375ml
1252-12	Organic Sweet Balsamic Reduction	DF.GF.NF.V	12x250ml

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