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FOOD SERVICE SOLUTIONS STAFF MEAL LIST – 2025

**GOOD
FOOD**
is
**GOOD
MOOD**



FOLLOW US FOR THE LATEST PRODUCTS



Deliveries 5 days per week to Metro Melbourne,
DELIVERIES as per courier schedule (fees apply) - Geelong, Mornington Peninsula, Gippsland,
Ballarat, Bendigo, Yarra Valley & other country areas



MINIMUM ORDER \$250.00

delivery fee of \$35.00 + gst incurs if under minimum

ORDER CUTOFF 3.30PM

order email orders@chefspantry.com.au



**WE DO THE PREP
YOU BE THE CHEF**

Our offer is simple; - bring in our ready to use products and redirect your chefs to work more efficiently & effectively whilst maintaining quality & consistency and controlling food costs.

**MEDLEY / STIRFRYS / PANACHE - FRESHCUT -
min order 5 kg**

Mirepoix 6mm dice / 10mm dice
Carrot, Celery & Onion



Basic Mix Medley / Stir-fry No 1
Broccoli, cauliflower, carrot, celery



Gourmet Medley / Stir-fry No 2
Broccoli, cauliflower, carrot, celery, red + green capsicums

Oriental Wok Medley / Stir-fry No 3
Broccoli, cauliflower, celery, red + green capsicum, carrot, snow peas

Mediterranean Medley / Stir-fry No 4
Broccoli, cauliflower, carrot, zucchini, celery, red + green capsicums



Green Vegetable Medley / Stir-fry No 5
Broccoli, Bok Choy, green cabbage, snow peas, zucchini, celery

Roasting Vegetable Mix Raw Chunky
20mm / 30mm dice Carrot, potato, pumpkin, parsnip, sweet potato



Roasting Root Vege Mix Raw Chunky
20mm / 30mm dice sweet potato, carrot, parsnip, potato, swede

Casserole Mix 20mm / 30mm dice
Potato, Swede, Turnip, Carrot, Celery



Ratatouille Mix 10mm / 20mm dice 5kg
Eggplant, Zucchini, Red & Green Capsicum, Onion

Fajita Mix sliced
Red & Green Capsicum sliced; Red Onion sliced

Paella Mix 10mm dice
Sweet potato, onion, celery, tomato, red capsicum green capsicum, zucchini, mushroom, parsley



PREMIUM SALAD LIST

**NOTE MANY SALADS CAN BE HEATED FOR MEALS
OR USED AS A BASE FOR A MEAL.**

SALAD ORDER CUTOFF 12PM THE PREVIOUS DAY – ORDER FRIDAY FOR MONDAY DELIVERY

All salads are vac packed for freshness and shelf-life Products marked with a (gf) are gluten free (V) Vegan (h) heatable. Whole egg mayonnaise is used our salads

Dry Coleslaw (S) – GF, V 2.5 kg
Green Cabbage, Carrot, Celery, Parsley

Wet Coleslaw – mayonnaise - GF 2.5 kg
Green Cabbage, Carrot, Celery, Parsley, Mayonnaise

Asian Coleslaw – GF, H, V 2.5 kg
Green Cabbage, Red Cabbage, Carrot, Celery, Parsley

Broccoli Slaw – Rainbow Slaw (Dry) – GF, H, V 2.5 kg
Broccoli stems, Beetroot, Carrot, Daikon Radish

Kale Slaw (Dry) – GF, H, V 2.5 kg
Green Cabbage, Red Cabbage, Kale, Carrot, Fennel

Potato Salad 20mm dice – mayonnaise - GF 2.5 kg
Potato, Celery, Seeded Mustard, Parsley, Mayonnaise, S&P

Mint Potato Salad – mayonnaise - GF 2.5 kg
Potato, Celery, Parsley, Mint Sauce, Mayonnaise, S&P

Potato Salad w Egg – mayonnaise – GF (MOQ 4 bags) 2.5 kg
Potato, Hard Boiled Eggs, Celery, Parsley, Seeded Mustard, Mayonnaise, S&P

German Potato Salad – mayonnaise - GF 2.5 kg
Potato, Egg, Spring Onion, Spanish Onion, Pickles, Mayonnaise, S&P

Rice Salad (H) – GF, V 2.5 kg
Rice, Carrot, Mixed Capsicum, Peas, Corn, Pineapple, Sultanas, S&P

Spicy Rice Salad – Oriental Rice (H), V 2.5 kg
Rice, Carrot, Peas, Corn, Mixed Capsicum, Pineapple, Sultanas, Satay Sauce, Curry Powder,

Special Fried Rice (H) V (MOQ 4 bags - 2 days' notice) 2.5 kg
Rice, Celery, Mixed Capsicum, Onion, Peas, Corn, Soy Sauce, Chicken Powder, Vegetable Oil,

Elbow Pasta Salad – mayonnaise 2.5 kg
Elbow Pasta, Mixed Capsicum, Carrot, Mayonnaise, S&P

Creamy Bacon Pasta Salad 2.5 kg
Elbow Pasta, Bacon, Spring Onion, Spinach Leaves, Lemon Juice, Mayonnaise, S&P

Tuna Pasta (Penne) – mayonnaise 2.5 kg
Tuna, Penne Pasta, Spanish Onion, Corn, Carrot, Parsley, Mayonnaise, S&P



Penne Pasta Salad – mayonnaise 2.5 kg
Penne Pasta, Mixed Capsicum, Carrot, Semi Dried Tomatoes, Mayonnaise, S&P

Pesto Pasta Salad – mayonnaise 2.5 kg
Penne Pasta, Mixed Capsicum, Carrot, Basil Pesto, Mayonnaise, S&P

Pesto Pumpkin Pasta (Penne) – mayonnaise (H) 2.5 kg
Penne Pasta, Pumpkin, Semi Dried Tomatoes, Baby Spinach, Pesto, Mayonnaise, S&P

Mediterranean Pasta Salad (H), V 2.5 kg
Penne Pasta, Tomato Relish, Mixed Capsicum, Carrot, S&P

Chicken & Basil Penne (H) 2.5 kg
Chicken, Penne Pasta, Semi Dried Tomatoes, Carrot, Mixed Capsicum, Dried Mixed Herbs, Basil, Mayonnaise, S&P

Chicken Chow Mein Noodle (H) 2.5 kg
Noodles, Mixed Capsicum, Mushroom, Celery, Snow Peas, Carrot, Cabbage, Soy Sauce, Chicken Powder, Vegetable Oil, S&P

Asian Noodle Salad – Chow Mein Noodle (H) V 2.5 kg
Noodles, Mixed Capsicum, Mushroom, Celery, Snow Peas, Carrot, Cabbage, Soy Sauce, Chicken Powder, Vegetable Oil, S&P

Hokkien Noodle Salad - (H) V 2.5 kg
Hokkien Noodles, Carrot, Celery, Snow Peas, Broccoli, Cauliflower, Soy Sauce, Chicken Stock, Vegetable Oil

Rice Noodle Salad - GF, (H) V 2.5 kg
Rice Noodles, Mixed Capsicum, Mushroom, Celery, Snow Peas, Carrot, Cabbage, Chicken stock, Vegetable Oil, S&P

Tabouli Salad - V 2.5 kg
Cracked Wheat, Parsley, Onion, Tomato, Crushed Garlic, Mint Sauce, Italian Dressing, S&P

Israeli Salad, GF, V 2.5 kg
Mixed capsicum, Spanish Onion, Cucumber, Tomato

Chick Pea Salad (H)- GF, V 2.5 kg
Cooked Chickpeas, Mixed Capsicum, Spanish Onion, Crushed Ginger, Parsley, S&P

Cous Cous & Pumpkin Salad - (H), V 2.5 kg
Pumpkin, Cous Cous, Parsley, Mint Sauce, Lemon Juice, Vegetable Oil, Crushed Garlic, S&P

Moroccan Couscous - V 2.5 kg
Cous Cous, Sweet potato, Spanish Onion, Parsley, Mint Sauce, Garlic, Lemon Juice, Canola Oil, S&P

Waldorf Salad - GF 2.5 kg
Apple, Celery, Sultanas, Mayonnaise

Mixed Bean & Onion – GF, V 2.5 kg
Five Bean Mix, Green Beans, Spanish Onion, Italian Dressing, S&P

Garden Salad – GF, V 2.5 kg
Lettuce, Cucumber, Tomato, Carrot, Spanish Onion, French Dressing

Greek Salad - with feta - GF 2.5 kg
Tomato, Cucumber, Mixed Capsicum, Spanish Onion, Black Olives, Feta, Italian Dressing



Char Grilled Vegetable Salad - (H) GF, V 2.5 kg
Zucchini, Eggplant, Mixed Capsicum, Vegetable Oil



Roasted Vegetable Salad - (H) GF, V 2.5 kg
Sweet Potato, Carrot, Parsnip, Potato, Pumpkin, Vegetable Oil

Roasted Root Vegetable Salad - (H) GF, V 2.5 kg
Sweet Potato, Carrot, Parsnip, Potato, Swede, Vegetable Oil

Roast Mediterranean Vegetable - (H), GF, V 2.5 kg
Eggplant, Zucchini, Sweet Potato, Carrot, Pumpkin, Mixed Capsicum, Vegetable Oil



Italian Quartered & Roasted Potatoes- (H), GF, V 2.5 kg
Potato, Dried Rosemary, Crushed Garlic, Vegetable Oil, S&P

Egg Salad - GF 2.5 kg
Hard Boiled Eggs, Celery, Parsley, Dijon Mustard, Mayonnaise, S&P

Seafood Salad – mayonnaise - GF 2.5 kg
Seafood Extender, Celery, Parsley, Mayonnaise, S&P



Fruit Salad – GF, V 2.5 kg
Cantaloupe, Red Grapes, Honeydew, Pineapple, Orange, Apple, Lemon Juice

GOURMET FRESH SALADS

Products marked (gf) gluten free (v) Vegan (h) heatable
Note - SALAD ORDER CUTOFF **12PM** THE PREVIOUS DAY – FRIDAY FOR MONDAY ORDERS

Fattoush Salad GF, V 2.5 kg
Cherry tomato, Cucumber, Red Capsicum, Red Onion, Daikon Radish, Parsley, Lemon Juice, Sumac powder, Olive Oil



Curried Potato & Cauliflower, GF 2.5 kg
Cauliflower, Potato, Carrot, Sultanas, Spring Onion, Coriander, Curry powder, Mayonnaise,



Quinoa w Sweet Potato – GF – H, V 2.5 kg
Black quinoa, Red Quinoa, Sweet potato, Mixed capsicum, Chia seeds, Lime juice, S&P

Chunky Beet, Lentil & Seeds, GF, H 2.5 kg
Beetroot, carrot, feta, parsley, red onion, green lentils, pumpkin seeds, honey, balsamic vinegar



Roast Pumpkin and Chickpeas, H, V 2.5 kg
Pumpkin, Chickpeas, Mixed Capsicum, Sesame Seeds, Sesame Oil, S&P

Spicy Quinoa, Carrot & Chickpea, H, V 2.5 kg
Red & Black quinoa, Carrot, Chickpeas, Mint sauce, Crushed garlic, Lemon juice, canola Oil, S&P

Beetroot, Carrot & Kale, GF, H, V 2.5 kg
Beetroot julienne, Carrot julienne, Kale, Cranberries, Coriander, Lime juice

Beetroot, Carrot & Feta, GF 2.5 kg
Beetroot, Carrot, Red Cabbage, Feta Cheese, Parsley, Balsamic vinegar



Thai Beef, H

2.5 kg

Vermicelli noodles, Cucumber, Carrot, Cabbage, Capsicum, Coriander, Mint, Sesame seeds, Mint sauce, sweet chill sauce, Lemon juice, Garlic, Sesame Oil, Canola Oil, S&P (sliced beef separate)

Ancient Grain & Feta (freekeh), H, V

2.5 kg

Freekeh, Green lentils, Kale, Parsley, Feta, Olive Oil, Lemon juice, Cumin powder

Pumpkin, Brown Rice & Seeds, GF, H, V

2.5 kg

Roasted pumpkin, Brown Rice, Red & Black Quinoa, Sesame Seeds, Lime Juice

Health Kick Rice, GF, H, V

2.5 kg

Brown rice, Red & Black, Quinoa, Mixed capsicum, Coconut, Almonds, Chia seeds, Lime Juice

Vietnamese Chicken Salad, GF, H

2.5 kg

Chicken (packed separate), Green cabbage, Carrot, Mint, Coriander, Italian dressing, S&P

Moroccan Quinoa Salad, GF, V

2.5 kg

Red & Black quinoa, Mixed capsicum, Raisins, Pinenuts, Lemon juice, Tahini paste, S&P

Pumpkin and Green Bean Salad, GF, V

2.5kg

Pumpkin, Green beans, Spanish onion, semi dried tomatoes, Crushed garlic, S&P

NEW GREEN GODDESS SALAD**2.5kg**

Broccoli diced, baby spinach chopped, shredded cabbage, green capsicum, diced cucumber, parsley, Quinoa, spring onion, chopped dill, Mayonnaise

NEW LOADED POTATO SALAD**2.5 kg**

Potato, sweet potato, spring onion, pickles, jalapeno, shredded cheese, mustard bacon, apple cider vinegar, mayonnaise. Pepper salt.

NEW CAULIFLOWER RANCH SALAD**2.5 kg**

Cauliflower diced 20mm, sweet potato diced 20mm, chickpeas, minted peas, brown rice, sweet corn, kale, dill mayonnaise dressing.

**Bruschetta Mix 10mm / 20mm dice GF, V**

2 kg

Tomato, Spanish Onion, Onion, Basil

Salsa / Pico De Galo 10mm dice GF, V

2 kg

Tomato, Spanish Onion, Corn, Coriander, Lime Juice, S&P

Roasted Whole Chat Potatoes GF, V

5 kg

skin on or skin off - Minimum 5kg purchase



QUICKFILL - SANDWICH FILLING LIST – PREMIXED READY TO USE.

Made to Order. NOTICE REQUIRED. Minimum orders apply.

100% Chicken Breast – oven roasted & Our Premium Whole Egg Mayonnaise - Pasteurized

Chicken Mayonnaise mix	2.5 kg
Chicken Mayonnaise Mustard Mix	2.5 kg
Chicken Club Mix (Chicken, Mayonnaise, Bacon, Corn, Spring Onion)	2.5 kg
Chicken Pesto Mayo Mix	2.5 kg
Chicken Caesar Mix	2.5 kg
Sweet Chilli Chicken Mix	2.5 kg
Tandoori Chicken Mix	2.5 kg
Peri Peri Chicken Mix	2.5 kg
Tuna Mayonnaise	2.5 kg
Egg Mayo Mix	2.5 kg



CHICKEN - OVEN ROASTED - HPP

100% breast meat – perfect for sandwiches, pizza, pasta, salads, soups, and more.

Chicken Roasted & sliced – 5 x 1 kg box \$26.70 kg



FRESH PEELED FRUIT & FRESH CUT FRUIT BREAKFAST & DESSERT

Fruit Salad	2.5 kg bag
Apple Wedges skin on	2 kg pack
Pear Wedges skin on	2 kg pack
Cantaloupe peeled	2 kg pack
Cantaloupe peeled & cut	2 kg pack
Grapefruit peeled & sliced	2 kg pack
Ruby Grapefruit Peeled & Sliced	2 kg pack
Honeydew peeled	2 kg pack
Honeydew peeled & cut	2 kg pack
Oranges peeled & Sliced	2 kg pack
Pineapple peeled	2 kg pack
Pineapple peeled & cut	2 kg pack
Watermelon peeled	2 kg pack
Lemons sliced	200 pce
Limes sliced	200 pce



MEAL SOLUTIONS & MEAL BASES

SOUP (FROZEN) – GLUTEN FREE (GF) VEGAN (V)

Pumpkin Soup GF, V	5 x 2 kg
Minestrone Soup Vegetarian (Not G/F), V	5 x 2 kg
Potato & Leek Soup GF, V	5 x 2 kg
Lentil Vegetable Soup GF, V	5 x 2 kg
Tomato Soup V	5 x 2 kg
Chicken & Vegetable Soup GF	5 x 2 kg
Beef and Barley Soup (Not G/ F) MTO	5 x 2 kg



MASH / PUREE VEGETABLES - GLUTEN FREE

Mash Potato (restaurant quality) GF	2 kilo
Vegan Mash Potato (olive oil)	2 kg
Pumpkin Mashed / Puree GF, V	2 kilo
Carrot Mashed / Puree GF, V	2 kilo
Sweet Potato mash GF, V	2 kilo

We also mash and puree; -

Tomato /Zucchini / Green Pea



MEAL BASES + ADDITIONS MOQ

Cooked Rice V	2 kg
Caramelized or Sauté Onion V	2 kg
We cook ANY Pasta Cooked (plain or with sauce) – 2 kg bags	

MEAL SOLUTIONS – LASAGNA & PASTA

Lasagna	Bolognese	3 kg tray
	Vegetable	3 kg tray
Cannelloni -	spinach & ricotta	2.6 kg tray
	Ravioli beef & Napoli	2.6 kg tray
Mac'N'Cheese		2.5 kg
Meatballs in Napoli		5 x 2 kg
Cauliflower Cheese Bake MTO		2.5 kg
Cottage Pie MTO		2.5 kg
(*) Made to order meal solutions minimum order 6 trays – 3 days' notice		



SAUCES – READY TO USE

Napoli Sauce GF	5 x 2 kg
Bolognaise	5 x 2 kg

MEAL SOLUTIONS – MTO - BAKES

Eggplant Parmigiana / Moussaka MTO	2.5 kg
Pasta Bake MTO	2.5 kg
Chicken Pasta Bake MTO	2.5 kg
Tuna Pasta Bake MTO	2.5 kg
Vegetable Bake MTO	2.5 kg
Scallop Potato MTO	2.5 kg

BURGERS – VEGETABLE & ROSTIS, SLIDERS

VSBBX	Chefs Pantry - Vegetable Burger	50 x 100 gm
431138	Classic Vegetable Burger	48 x 150 gm

GLUTEN FREE, MEAT FREE, EGG FREE, DAIRY FREE, SOY FREE – VEGAN

435126	Beetroot & Quinoa Burger	24x 100g
432428	Gluten Free Vegie Burger	64x 100g
432425	Gluten Free Vegie Burger	24x 100g
434125	Spicy Bean & Quinoa Burger	24x 100g
434322	Smoky Kale & Quinoa Burger	24x 100g
434624	Vegie Combo Schnitzel	24 x 100g
434615	Premium Vegie Schnitzel	24x 200gm
436865	Zucchini Fritters	24 x 90gm



BURGER - MEAT FREE, EGG FREE, DAIRY FREE - VEGAN

432338	Chickpea & Lentil Burger	48x 150g
433728	Garden Vege & Lentil Burger	64x 100g
432028	Vegie Combo Burger	64x 100g
436425	Protein Plus Veg & Lentil	24x 100g



BURGER - MEAT FREE, EGG FREE - VEGETARIAN

432926	Rostis Potato 100 gm 90mm	50x 100g
	<i>NOTE – Rostis are also used as Hash Browns</i>	
432955	Potato Rosti Slider	72 x 35g



VEGETABLE BURGER - SLIDERS

GLUTEN FREE, MEAT FREE, EGG FREE, DAIRY FREE, SOY FREE – VEGAN

435165	Beetroot Quinoa Mini Burger	32 x 65 g
432455	Gluten Free Vegie Slider	72 x 35g
432055	Vegie Combo Slider	72 x 35g
433755	Garden Vegetable & Lentil Slider	72 x 35g





Sous Vide

MEAT – COOKED

Sous Vide is French for "under vacuum" food is sealed in airtight plastic bags then placed in a water bath or in a temperature-controlled steam environment for 96 hours, at around 55 °C to 65 °C for meat. Ensuring even cooking without overcooking and retaining moisture. Shelf-life 30+ days



CHICKEN - OVEN ROASTED – HPP 5 x 1 kg bx

100% breast meat – perfect for sandwiches, pizza, pasta, salads, soups, and more.

Chicken Roasted & sliced – (Allergen advise - NO Milk or Soy)

Sous Vide Chicken Breast (brine)
Skin on / skin off

5 x 1 kg box

3kg RW

Sous Vide Chicken Thigh

3 kg RW

Karaage Chicken 2.5kg

2 x 2.5kg



PULLED MEATS

Pulled Pork (sous vide- slow cooked) 3 kg **RW**
 Pulled Beef (Sous vide- slow cooked) 3 kg **RW**
 Pulled Lamb (Sous vide- slow cooked) 3 kg **RW**



BEEF SLOW COOKED SOUS VIDE

Roast Beef Porterhouse (cooked medium rare)
(sous vide for 14 hours)

Roast Beef Porterhouse Peppered 2.8 – 3.8 kg approx.
Plain Porterhouse RW

Roast Beef cooked medium (sous vide for 12 hours) RW
Silverside / Bolar Blade Cut 3.5 – 5.5 kg approx.

Corned Beef (sous vide) 3- 5.5 kg approx. RW



PORK SLOW COOKED - SOUS VIDE

Roast Pork (sous vide)

Leg / Shoulder Bone in or bone out 3.3 kg – 4.6 kg approx.

Pork Loin (sous vide)

RW 3.2 – 4.2 kg approx.

206200 Porchetta

RW

Pork Ribs – Smoky BBQ

4 x 1.5 kg box



LAMB SLOW COOKED SOUS VIDE

Lamb Roast (sous vide)

(cooked medium rare for 14 hours)

Leg, boneless and rolled into netting - 2.2 – 3.2 kg approx.

Souvlaki Lamb (2-3 days' notice)

SLICED SMALLGOODS

Price per kilo

302600 Eye Bacon Sliced	2.5 kg
302751 Streaky Bacon Sliced	250 gm
302609 Streaky Bacon Sliced	2.5 kg
302618 Burger Steak Bacon sliced	2.5 kg
302680 Maple Glazed Streaky Bacon MTO	2.5 kg
302713 Long Rindless Streaky Bacon	2.5 kg
102003 Calabrese Salami 65 mm Sliced	500 gm
104005 Casalingo Salami Sliced	500 gm
107205 Hungarian Salami Mild Sliced	500 gm
109202 Sopressa Salami Mild Sliced	500 gm
201003 Bresaola Sliced	500 gm
206202 Pancetta Round Mild Sliced	500 gm
209004 Prosciutto Sliced	500 gm
303003 Heritage Ham Sliced	500 gm
303504 Abruzzo Ham Sliced	500 gm
303201 Virginia Ham Sliced	1 kg
307001 Chef's Flat Pancetta Sliced Mild	1 kg
340002 Pastrami NYC Sliced	500 gm
340004 Pastrami sliced	2.5 kg
401005 Porchetta Sliced	500 gm
403101 Roast Beef Sliced	500 gm
310026 Mortadella Sliced	500 gm
330005 Roast Turkey Breast Sliced	500 gm
403001 Roast Beef Sliced	500 gm



WET DISH, CURRY & CASSEROLES

Chef made in our kitchen (fully cooked - just reheat) MTO = made to order

CHICKEN - INDIAN & ASIAN GLUTEN FREE – 2 days' notice

Butter Chicken		5 x 2 kg
Chicken Tikka Masala		5 x 2 kg
Chicken Korma		5 x 2 kg
Thai Green Chicken Curry		5 x 2 kg
Moroccan Lemon Chicken Tagine		5 x 2 kg
Satay Chicken	MTO	5 x 2 kg
Mango Chicken	MTO	5 x 2 kg
Chicken Coconut & Cashew	MTO	5 x 2 kg



BEEF – INDIAN & ASIAN GLUTEN FREE – 2 days' notice

Beef Rendang		5 x 2 kg
Beef Korma		5 x 2 kg
Madras Beef Curry		5 x 2 kg
Beef Rogan Josh		5 x 2 kg
Thai Red Curry Beef	MTO	5 x 2 kg
Teriyaki Beef	MTO	5 x 2 kg
Beef in Black Bean Sauce	MTO	5 x 2 kg



CONTINENTAL WET DISH RANGE– 2 days' notice

Meat balls in Napoli Sauce		5 x 2kg
Mac N Cheese		2.5 kg
Beef Chili Con Carne	GF	5 x 2 kg
Beef Bourguignon		5 x 2 kg
Beef Goulash	GF	5 x 2 kg
Beef Stroganoff	GF	5 x 2 kg
Chicken and Veg Casserole	GF	5 x 2 kg
Chicken Cacciatore	GF	5 x 2 kg
Coq Au Vin		5 x 2 kg
Bolognaise Beef		5 x 2 kg
Bolognaise Chicken		5 x 2 kg
Bolognaise Vegan		5 x 2 kg



VEGAN & VEGETARIAN WET DISH RANGE GF, V – 2 days' notice

Chick Pea Masala		5 x 2 kg
Cauliflower Potato & Pea Masala		5 x 2 kg
Thai Yellow Vegetable Curry		5 x 2 kg
Thai Red Vegetable Curry		5 x 2 kg
Moroccan Chickpea & Vegetable Tagine		5 x 2 kg
Eggplant & Vegetable Madras		5 x 2 kg
Goa Dhal Masala		5 x 2 kg
Ratatouille	MTO	5 x 2 kg
Chickpea Ratatouille		5 x 2 kg
Vegetable Korma		5 x 2 kg
Red Kidney Bean Curry		5 x 2 kg
Chili Con Carne (Vegan Chili Beans)		5 x 2 kg
Vegan Bolognaise / HSP topping		5 x 2 kg



New Product

Shakshuka Base GF, V		5 x 2 kg
You just add the egg and garnish		



COOKED RICE & BEANS, LENTILS & QUINOA SHELF STABLE

1 year shelf life (sold by the ctn) 2 days' notice required

Cooked Australian Chickpeas	10 X 1.5 kg
Cooked Green Puy Lentils	10 X 1.5 kg
Cooked Red Kidney Beans	10 X 1.5 kg
Cooked Black Turtle Beans	10 X 1.5 kg
Cooked White Beans	10 X 1.5 kg
Cooked Red Quinoa	10 X 1.5 kg
Cooked Tri-Colour Quinoa	10 X 1.5 kg
Cooked White Quinoa	10 X 1.5 kg
Cooked Brown Rice	10 X 1 kg
Cooked Black Rice	12 X 1kg
Cooked White Rice	10 X 1kg
Turmeric Rice	10 X 1kg



GLUTEN FREE BREAD & BAKERY

Legend : ef = egg free df = dairy free nf = nut free ff = fructose friendly yf = yeast free

GLUTEN FREE FROZEN BULK BREAD PRODUCTS – WELL & GOOD (sold per ctn)

LLHAM	GF Hamburger Bun	100 gm	24 per ctn
LLBAG	GF Baguette Mini	100 gm	24 per ctn
LLSQCHIB	GF Square Ciabatta Roll	93gm	24 per ctn
LLDINR	GF Slider/Dinner Roll White	35gm	48 per ctn
LLSLBRES	GF Sliced Bread Loaf Small	300 gm	8 per ctn
LLSEELOA	GF Seeded Loaf Small	290 gm	8 per ctn
LLSLBRE	GF White Sliced Bread Large	750 gm	4 per ctn
LLSEELOAL	GF Seeded Loaf Sliced Large	740 gm	4 per ctn



For a full range of Gluten Free foods please refer to our standard product list

BAKERY + PASTRY LINES

PIE & BAKERY RANGE



IVAN PREMIUM INDIVIDUAL PIES 220-240 gm – 10.5 cm sold per box

Aussie beef pies 220 gm	12 ea
Beef & curry pies 220gm	12 ea
Beef & mushroom pies 220 gm	12 ea
Beef, bacon & cheese pies 220 gm	12 ea
Sheppard's Pie 220 gm	6 ea
Chunky angus beef pies 220 gm	12 ea
Pepper beef pies 220 gm	12 ea
Beef & red wine pies 220 gm	12 ea
Lamb & Rosemary Pies 220 gm	12 ea
Chicken & vegetable pies	6 ea
Chicken, mushroom & leek pies	6 ea
Thai chicken pies	6 ea
Cauliflower, cheese & leek pies VEGETARIAN	6 ea
Mediterranean vegetable pies - VEGAN	6 ea



ROLLS 180 GM – sold per box

Beef sausage rolls	12 ea
Spinach & ricotta rolls VEGERATARIAN	12 ea



PASTIES 220 GM – sold per box

Vegetable pasties VEGETARIAN	6 ea
Cornish pasties	6 ea

QUICHE INDIVIDUAL 200 GM – 12.5 cm sold per box

Lorraine quiche	8 ea
Spinach & cheese quiche VEGETARIAN	8 ea
Pumpkin, feta & leek quiche VEGETARIAN	8 ea
Spinach, sundried tomato & feta VEGETARIAN	8 ea



FAMILY PIES – RETAIL 900gm – sold by the box - 4 pack

Aussie beef pies	4 x 900gm
Chunky angus beef pies	4 x 900gm
Beef & red wine pies	4 x 900gm
Chicken & vegetable pies	4 x 900gm
Chicken, mushroom & leek pies	4 x 900gm
Family Apple Pie 800gm	4 x 900gm



SAVOURY TARTS – RETAIL 800GM 32cm X 12cm 4 pack

Bacon, cheese & leek tarts	4 x 800gm
Pumpkin, feta & leek tarts	4 x 800gm
Spinach, sundried tomato & feta tarts	4 x 800gm
Salmon, ricotta & dill tarts	4 x 800gm

